

In search of alternative source of edible oil, biofertilizer and tannin

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Abstract: *Terminalia belerica* Roxb known as Bahera, found abundant in tropical, Asia, is a source of new edible oil (37% by dry weight of kernel), biofertilizer and tannin and has not been totally explored. The oilcake contains high amount of nitrogen (8.34%). On biochemical evaluation of the oil cake it is evident that about 60 per cent NaCl extractable proteins digestible which can be converted into biofertilizer or some useful fodder. The extractable high quality tannin present in fruit pulp can be used in leather industry and herbal medicines. The different processes for the extraction of tannin have been discussed.

Key words : *Bahera oil, Biofertilizer and Tannin.*

Introduction

The scarcity of the edible oil in our country (5 million tonnes approximately) and other Asian countries has jeopardized the economy to a great extent. At present, production of oilseeds cannot meet the demand. A breakthrough is required to find a new source of edible oil. *Terminalia belerica* Roxb locally known as Bahera is on such abundantly available oil bearing fruit in the tropical Asia. Bahera plant can tolerate moderate drought and heavy rainfall. Bahera plant is able to mature 6 to 8 years yields about 500 kgs of raw fruits annually. The fleshy fruit pulp usually contains 6.1% moisture, 24.4% tannin and 44% of other water extractable. Some information (Nag and De, 1995, Chopra *et al.* 1976) regarding composition of oil has been studied. But in this paper, we have envisaged new users of Bahera seeds as edible oil, biofertilizer and tannin.

Materials and Methods

Bahera (*Terminalia belerica* Roxb) fruits just after harvest were washed with dilute potassium permanganate and copper sulphate solution (approximately 1% v/v each) to reduce natural fungal growth. The fruits were sun dried and dried fruit were decorticated the upper layer containing tannin peeled off as powder. The seeds were collected after cracking the hard nut decorticator.

Determination of the oil content and fatty acid composition

The oil was extracted from the kernel with hexane (80°C) using soxhlet apparatus. The oil obtained (37%) by weight of dry kernel of the seed. And also the fatty acids composition were determined in the following way:

About 3 g of oil was taken in a 250 ml flask and 100 ml of 0.5 N ethanolic KOH

Table 1. Comparison of chemical properties between Bahera and Olive oil

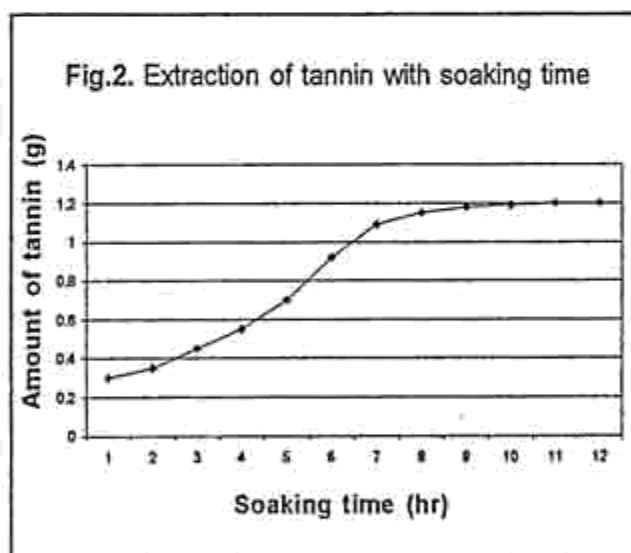
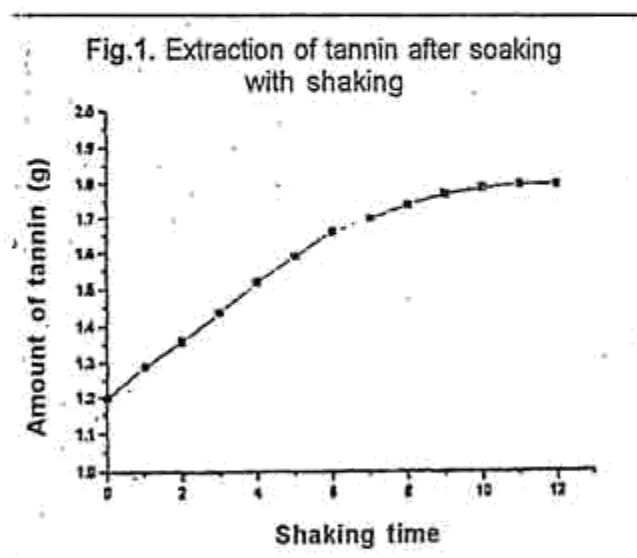
Sl.No.	Chemical properties	Bahera Oil	Olive oil
1	Free fatty acid	1.71-1.9	0.3-1
2	Saponification value	180	185-196
3	Acetyl value	<0.4	Nil
4	Iodine value	76	79-81
5	Palmitic acid	18.2	7.5
6	Stearic acid	8.2	2.5
7	Oleic acid	50.2	75.5
8	Linoleic acid	10.8	6.6
9	Others	6.6	7.6

Table 2. Chemical composition of some oil cake for use as biofertilizer

S.No.	Oil cake	N ₂	P ₂ O ₅	K ₂ O
	Coconut	6.50	1.30	1.10
	Rape seed	4.80	2.0	1.30
	Neem	5.20	1.10	1.30
	Mahua	2.50	0.80	1.90
	Jajoba	5.00	1.70	1.90
	Bahera	8.24	0.19	0.42

Table 3. Biochemical estimation of oil cake

S.No.	Particulars	% of nitrogen per 100 g defatted oil cake
	Total nitrogen N ₂	8.240
	10% NaCl extractable protein N ₂	2.853
	Protein N ₂ precipitated with TCA	0.118
	Protein N ₂ left after pepsin and trypsin treatment	1.214
	Digestibility protein	1.634

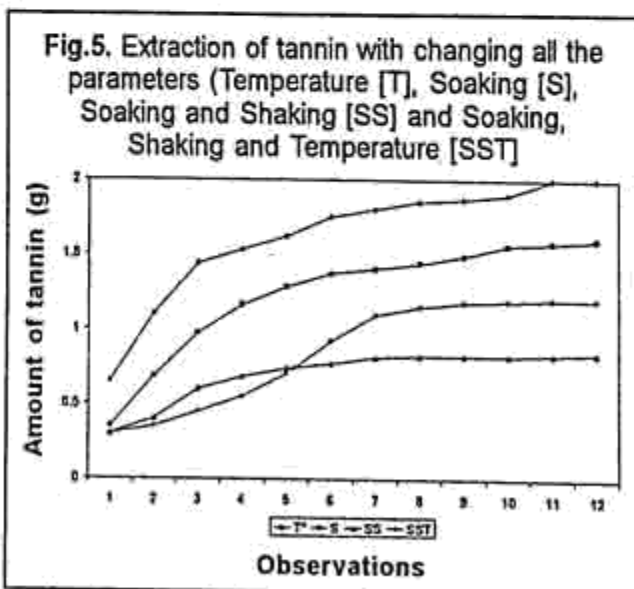
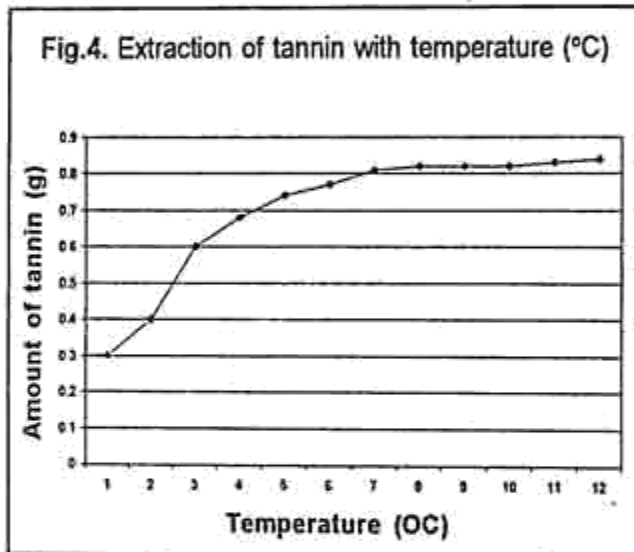
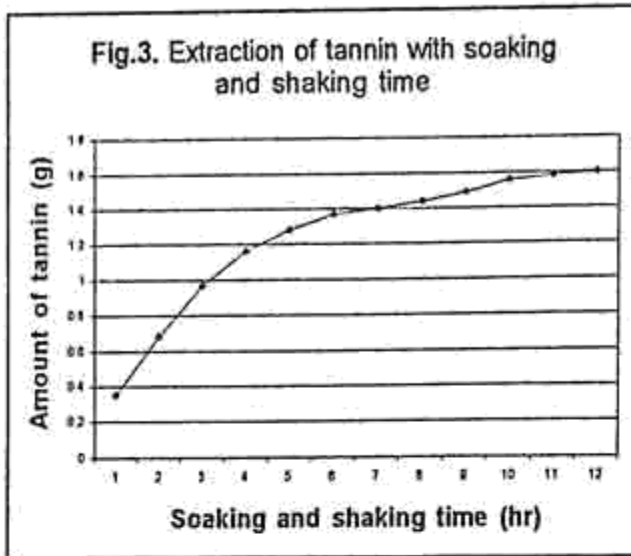


was added. The mixture was refluxed for 1 hr, cooled to room temperature and neutralized with HCl. The liberated fatty acids were extracted with chloroform and separated by distillation on water bath, 0.2 ml thionyl chloride was added in the extracted solution and refluxed for half an hour on water bath. Excess thionyl chloride was removed by distilling with 100 ml dried benzene. The acid chloride was boiled under reflux with 10 ml of anhydrous methanol on a water bath for half an hour. The reaction mixture was then poured on a water and methyl ester were extracted with dried anhydrous sodium

sulphate. Analysis of methyl ester (Table 1) were done by measuring the peak areas by gas liquid chromatography (Model Anil Series 5700, Injector temperature-215°C and oven temperature 210°C, temperature of analysis 195°C, flow rate 40 ml/min; carrier gas nitrogen).

Determination of digestibility of the protein

Defatted oil cake (0.5 g) and pepsin (0.2 g) were mixed with 50 ml of 0.1 N HCl in a 100 ml conical flask plugged with cotton. The mixture was kept in incubator for 48 hrs at 37°C followed by the addition of 5.5



ml of 10 N NaOH solution and trypsin (0.2 g). The mixture was filtered and aliquots were taken for determination of total nitrogen. A control was performed where only the enzymes

were used. Changes in the solubility of protein in oil cake was determined by extracting oil cake (5 g) with 100 ml of 10% NaCl solution and the mixture was kept 12 hrs in a refrigerator. It was centrifuged and the total nitrogen in an aliquot of the extract was determined by standard bovine serum albumen. The nitrogen precipitated by trichloro acetic acid was also determined in aliquots of the original NaCl extract (Table 3).

Determination of toxicity test of the oil

This test was done in well known toxicology laboratory (Viswa Bharati University, West Bengal, India) under the supervision of Prof. Shree Bhattacharya. Initially 170 g average weight of 10 rats was taken as experimental animals. The oils were supplied as food to a rat 2.5 - 5 ml per kg of the body weight per day.

- i. Experimental animal : Rat
- ii. Average weight of rats : 170
- iii. Number of rats at experiment : 10 rats
- iv. Dose :
 - a) 2.5 ml kg⁻¹ of body weight
 - b) 5.0 ml kg⁻¹ of body weight
- v. Incubation time : 0, 48, 72 hrs.

Food value of bahera oil

From the toxicity test result, we found that there had no acute toxicity, no death and no loss of weight till 6 months on feeding on oil. Within 6 months of observation, all behaviour parameters of rats were found normal. Then we have tried for human trial.

Potato chips were prepared with the purified oil. 100 g of chips were given to twenty persons to determine the taste and any toxicity of the oil. Every one was satisfied with characteristic of the oil and explained that there was no bad taste and odour. Potato chips were same as purchased potato chips in the market. They had no complaints in digestion after fifteen days. We were sending the oil to Central Food Technology and Research Institute, Mysore and Pharmacy Department, Jadavpur University Kolkata to get their comments on the edibility of oil.

Extraction of tannin with soaking time

5 g Bahera seed coat dust in 100 ml distilled water was taken in 100 ml conical flask and kept at temperature 30°C in an incubator. Tannin in the solution (Fig.1,2) was measured with and without shaking with different interval of time at 30°C. Similarly at different time and temperature, extracted tannin value (Fig.3,4) was noted. And at the end, tannin value (Fig.4) was measured by changing all three parameters soaking time, shaking time and temperature.

Results and Discussion

From the experimental results, the composition of fatty acids were as follows, palmitic acid 18.25%, stearic acid 8.20%, oleic acid 50.20%, linoleic 10.8% and others 6.6% (Table 1). The absence for hydroxyl and other objectionable fatty acids were also noted. The fatty acids composition of bahera oil has been also compared with olive oil (Table 1).

One very interesting point to note here is that the oil has only about 10% of the constituent (stearic) saturated fatty acid. The iodine value is fairly high and the free fatty acid is a little higher than olive oil. There was no hydroxyl group present in the fatty acids composition. The nitrogen content (8.24%) of oil cake was determined (Hilditch, 1979) by kjeldhal's method. Total potassium (0.44%) and phosphorus (0.19%) in oil cake were determined by flame photometry and colorimetric instrument. From Table 2, we find that no oil cakes generally used as biofertilizer have such higher amount of nitrogen. On biochemical evaluation it is also evident about 30% NaCl extractable protein (Table 2) in cake is digestible. For trial

Table 4. Extraction of tannin with soaking time

No. of observations	Extraction of tannin with soaking time (°C)			Extraction of tannin with soaking & shaking time (°C)			Extraction of tannin with temperature (°C)			Extraction of tannin by changing the three parameters		
	Soaking time (hr)	Shaking time (hr)	Amount of tannin (g)	Soaking & shaking time (hr)	Amount of tannin (g)	Temperature (°C)	Temperature (°C)	Amount of tannin (g)	Soaking time (hr)	Shaking time (hr)	Temperature (°C)	Amount of tannin (g)
1	1	0	0.30	1	0.35	25°C	25°C	0.3	1	1	25°C	0.65
2	2	0	0.35	2	0.68	35°C	35°C	0.40	2	2	35°C	1.10
3	3	0	0.45	3	0.97	45°C	45°C	0.60	3	3	45°C	1.44
4	4	0	0.55	4	1.16	55°C	55°C	0.68	4	4	55°C	1.53
5	5	0	0.70	5	1.28	65°C	65°C	0.74	5	5	65°C	1.62
6	6	0	0.92	6	1.37	75°C	75°C	0.77	6	6	75°C	1.75
7	7	0	1.09	7	1.40	85°C	85°C	0.81	7	7	85°C	1.80
8	8	0	1.15	8	1.44	95°C	95°C	0.82	8	8	95°C	1.85
9	9	0	1.18	9	1.49	105°C	105°C	0.82	9	9	105°C	1.87
10	10	0	1.19	10	1.56	115°C	115°C	0.82	10	10	115°C	1.90
11	11	0	1.2	11	1.58	125°C	125°C	0.83	11	11	125°C	2.00
12	12	0	1.2	12	1.60	135°C	135°C	0.84	12	12	135°C	2.00

examination to use oil cakes (50 g) as biofertilizer, they were applied to winter vegetable such as spinach grown in pots. It has been observed that plants in the pots which contained Bahera oil cakes had healthy and bushy plants with low level of incidence of insects than the plants grown without oilcakes.

In Fig.1, the amount of tannin extracted against the temperature ($^{\circ}\text{C}$) is shown. It has been observed that at a particular temperature (135°C), maximum amount of tannin would be extracted and with increase in temperature, there would be no effect on the amount of tannin extraction. The amount of tannin extracted is plotted against soaking and shaking time (Fig.2,3). We observed that a 12 hrs of soaking or shaking the tannin yield was maximum.

Conclusion

Considering the high oil content (37% by weight of the dry kernel of the seed and the nitrogen value (8.24%) of oilcake, Baheera fruit appears very promising for several commercial exploitation and can be considered as "Oil of India".

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